

Keto Cheese-Its

Servings: 6 | Prep: 10 min | Cook: 15 min

Ingredients:

- ☐ • 1 cup almond flour
- ☐ • 8 oz shredded cheddar cheese
- ☐ • 1 large egg
- ☐ • ½ tsp garlic powder
- ☐ • ½ tsp paprika
- ☐ • Salt to taste

Instructions:

1. Preheat oven to 375°F (190°C).
2. Mix almond flour, cheddar, egg, and spices into dough.
3. Roll thin between parchment paper, cut into squares.
4. Place on baking sheet, poke small holes with fork.
5. Bake 12–15 min until crisp